



SESSION THREE – IGNORING

IGNORING – why ignore

- Don't give attention to behaviours you don't want
- Some behaviours will stop over time
- Cannot ignore harm to themselves or others, or property damage



IGNORING – how to ignore

- Ignore the BEHAVIOUR; not the child
- Explain to your child what you are going to ignore
- Let your child know what behaviour will regain your attention
- Behaviour likely to get worse initially; stick to your guns!

